Rena Reiki

SONGWRITER & LYRICIST · MUSIC BUSINESS ARCHITECT AND EDUCATOR

The Lyrical Life Coach

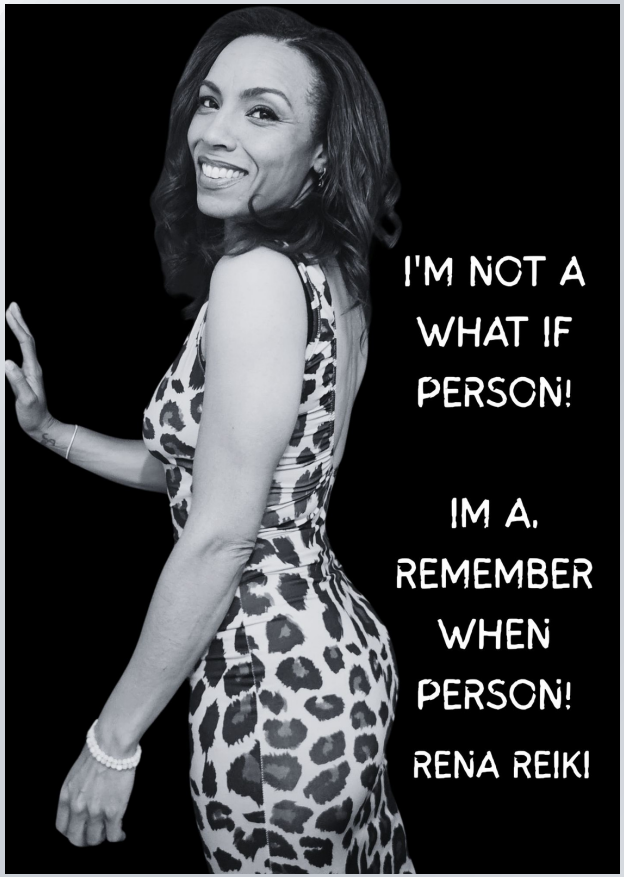
Rena Reiki, The Lyrical Life Coach, is a Songwriter & Lyricist from South London bringing UK garage energy, honest storytelling and an empowering message. Returning to music in 2020, she connects her artistry with two decades of holistic practice and music-business education, encouraging people to find their voice and own their direction.

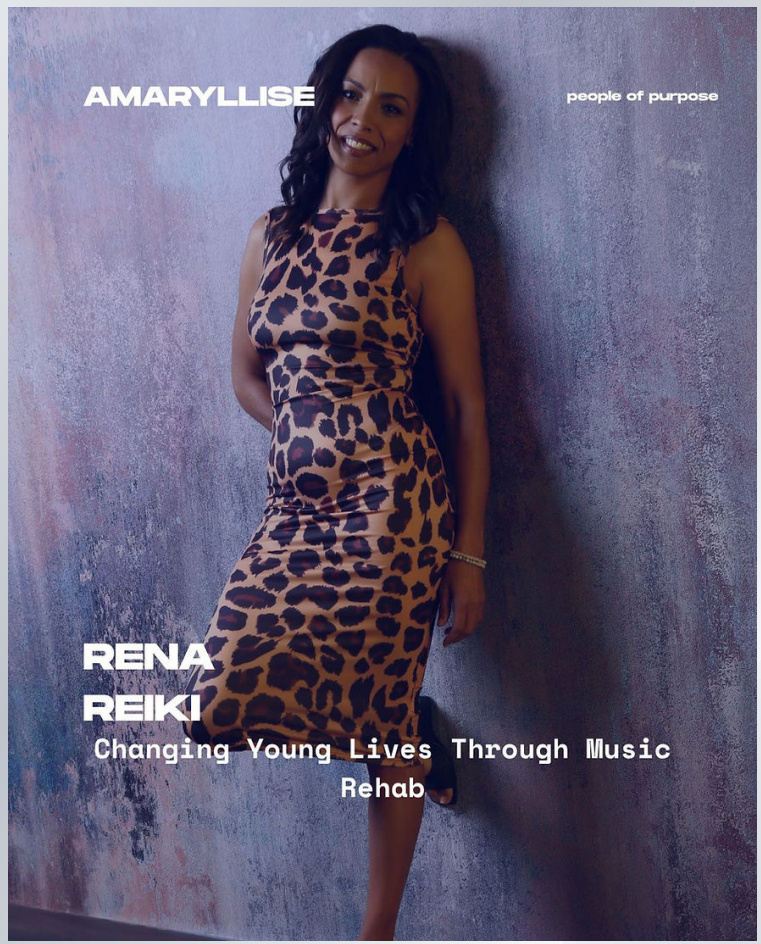
Spotify **Instagram** **TikTok** **Storefront**

Website **The Music Rehab Project CIC Instagram**

Intravenous Instagram **Renaissance Wellbeing Clinic**

Renaissance Instagram





AMARYLLISE MAGAZINE INTERVIEW

A Person of Purpose

Rena Cokayne ACMI fCMgr

BA (Hons) Music Business & Entrepreneurship
Associate, Chartered Management Institute
Foundation Chartered Manager

Rena Reiki is a Music Business Architect, Songwriter & Lyricist and Educator, helping creatives build confidence, understand the industry and take ownership of their careers. She was a Dancer in the Drum n Bass scene in the mid-1990s. Returning to music in 2020, she began shaping those influences into her own voice.

Her work is about more than sounding confident. It is about finding the courage to be heard, building practical skills and continuing even when self-doubt shows up. Her words are direct, grounded and encouraging: ‘I’ve come to empower you! To remind you what you’re here to do…’

Rena graduated in 2026 with a BA (Hons) in Music Business and Entrepreneurship from ICMP. Her earlier A&R and artist-management work at Break Beatz TV included talent scouting, artist development, radio shows and interviews.

Her music, education and holistic wellbeing work share the same intention: build the artist, build the business, own the career. The organisation sections that follow bring together her experience as a Founder, Educator, Event Organiser and Holistic Health & Spiritual Life Coach.

Watch A Person of Purpose ↗

MUSIC & CREATIVE WORK

She’s Fresh

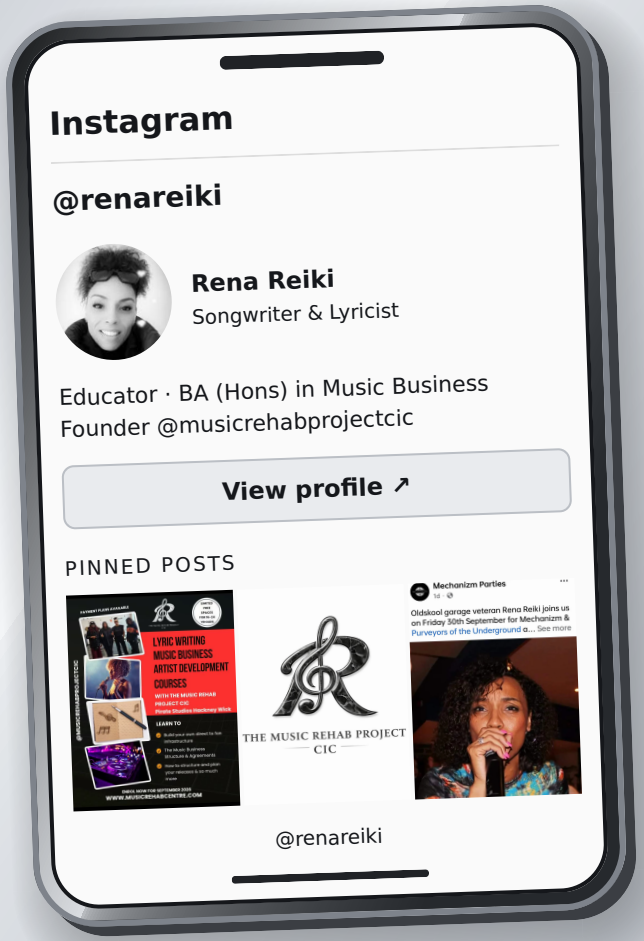
She’s Fresh — Dub Conspiracy & Rena Reiki. London energy, honest words and a message of self-belief.

Listen — She’s Fresh ↗

Listen on Spotify ↗

Artist highlights

- UK Garage Lyricist and versatile Songwriter working across genres
- Dancer in the Drum n Bass scene in the mid-1990s
- Collaborations with Dub Conspiracy, Soozy Q, Tori, Say Sumthing and MC Reen
- Release production credits include Sovereign Music UK and DJ G Smallz



Instagram profile preview · 18 Oct 2026
Tap to visit the current profile



More music from Rena Reiki



Garage Baby

Tori, Say Sumthing & Rena Reiki

Produced by Sovereign Music UK & DJ G Smallz

Listen — Garage Baby ↗



Till the Beat Stops

Rena Reiki & MC Reen

Produced by DJ G Smallz

Listen — Till the Beat Stops ↗



Free Ur Mind

Dub Conspiracy with Rena Reiki and Soozy Q

Producer & vocalist: Dub Conspiracy
Songwriter & Lyricist: Rena Reiki

Listen — Free Ur Mind ↗

THE EXPERIENCE BEHIND THE WORK

Experience, education & wellbeing

Break Beatz TV

A&R · Artist management

Rena's A&R and artist-management work at Break Beatz TV included talent scouting and reviewing submissions, coordinating artist diaries and supporting performance preparation.

She worked with artists on their development, branding and wellbeing, alongside radio shows and interviews—bringing creative support and practical organisation together.

For two years, Rena used her fortnightly shows at 2 HI Radio in Reading as her creative playground—a space to practise her craft, experiment with her flow and develop her lyrics. This is where the original Music Rehab concept was born in 2020.

Intravenous Events

Co-founder · Promoter · Event host

Rena designed event flyers and promoted events to attract new customers and build the audience. She installed and set up the weekly music equipment, including DJ controllers and sound systems, and handled sound engineering.

She organised artist bookings, line-ups, running orders, themed events and brunches, coordinating budgets and on-the-day delivery. Her work brought together the creative, technical and promotional sides of putting an event on.

Intravenous Events on Instagram ↗

THE EXPERIENCE BEHIND THE WORK

Experience, education & wellbeing

The Music Rehab Centre LTD

Founder · Music Business Architect

Rena founded The Music Rehab Centre LTD to bring her creative education, artist development and wellbeing work into one business. She has developed programmes, learning resources and digital tools, including Music Rehab Artist Hub and Community Command Centre.

Her work spans programme design, platform development, business planning and building practical systems that help artists manage their work and careers.

Music Rehab website ↗ **Music Rehab Artist Hub ↗**

The Music Rehab Project CIC

Founder · Programme developer · Educator

Rena designs and develops creative programmes that connect songwriting, lyric writing, music-business knowledge, confidence and wellbeing. She creates workshop content and learning resources, supports mentors and builds development routes for young people and independent artists.

Feedback from learners and mentors helps shape the next workshops and improvements to the Hub. Her ethos is simple: build the artist, build the business, own the career.

The Music Rehab Project CIC Instagram ↗ **The Music Rehab Project CIC TikTok ↗**

Experience, education & wellbeing

Renaissance Wellbeing Clinic

Founder · Holistic Health & Spiritual Life Coach

Rena brings more than 20 years of holistic practice to Renaissance Wellbeing Clinic as a Reiki Master and Holistic Health & Spiritual Life Coach, combining energy and chakra work to help regulate mindset and build confidence and resilience.

She brings practical wellbeing tools and spiritual development together to support self-belief and personal growth, helping people reconnect with their sense of purpose and take ownership of their next steps.

Renaissance Wellbeing Clinic website ↗ **Renaissance Instagram ↗**



CONNECT WITH THE ARTIST

I’ve come here to empower you!
To remind you what you’re here to do...

Writing, education & press enquiries

musicrehabpr@gmail.com
https://www.musicrehabcentre.com

Spotify | Instagram | TikTok | Storefront | Website | The Music Rehab Project CIC Instagram | Intravenous Instagram | Renaissance Wellbeing Clinic | Renaissance Instagram

The Music Rehab Project CIC