Fresh sounds. Growing together.

Hi everyone,

Our second cohort has started strong, and it’s lovely to see how dedicated our students are to investing in themselves and their craft. Every week brings new ideas, more collaboration and another reason to be proud of this community.

From getting on the drums and making beats together to building EPKs and artist storefronts, we’re helping our creatives turn what they’re learning into something they can use. Here’s a look at what’s been happening at The Music Rehab Project CIC.

Music, connection and a proper jam

On 10 October, World Mental Health Day, we came together for an MRP jam session. Our mentor M Jegga joined us to share his drumming skills and show students and mentors different ways to get involved.

It was a chance to try something, listen to each other and enjoy making music together. That’s an important part of what we do: creating space for people to express themselves, connect and build confidence through their creativity.













New beats and new mentors

When creatives come together

Jasmine has continued studying music production at college, and we love seeing her confidence and skills grow each week. She and Mervyn have also been collaborating on producing beats, sharing ideas and learning from each other.

Those moments matter. Having someone to bounce an idea off, try a different approach with or work through a sound together can make a real difference to the creative process.



From student to mentor

Mervyn is a talented music producer with a real gift for breaking things down in a simple way that people can understand. His approach to making his own beats, and the way he shares what he knows, have stood out to us.

We've invited him to join the MRP team as a music-production mentor while continuing his own development. Mervyn and Moosh are both undertaking our accredited MRP Mentorship training, and we're looking forward to seeing them develop their mentoring skills and help shape future workshops and courses.

Mervyn and Moosh have also been collaborating on a track. We'll share more when they're ready.



Building the artist

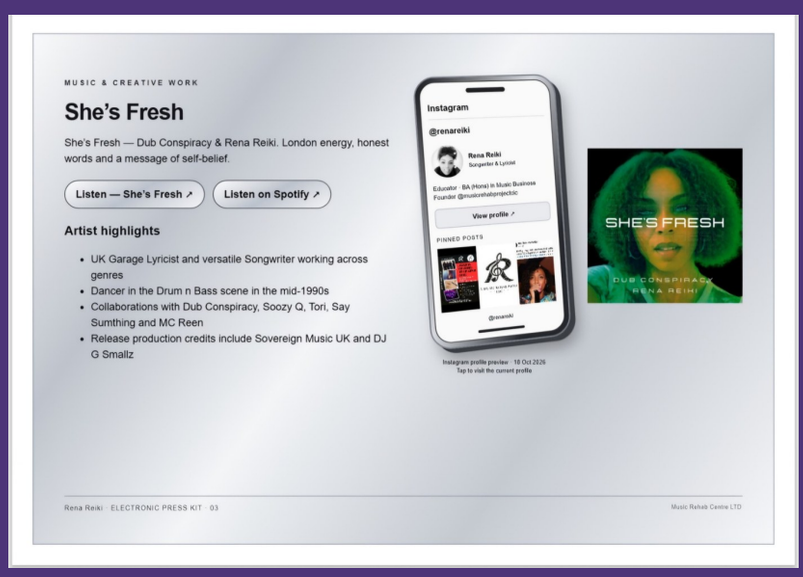
Our students have been building their EPKs and artist storefronts, and they're coming along nicely. We also held a mini branding photoshoot with Jasmine and Mervyn to help them develop images for those creative profiles.

An EPK brings an artist's story, music, images and links together in one place. A storefront gives them a space to present what they create. It's about helping creatives understand how to represent themselves and prepare for the opportunities they want to work towards.

You don't need to have everything figured out to start building. You can learn, prepare and develop at your own pace.







Our end of term showcase

Friday 4 December 2026 5–10pm Barking Rugby Club, RM9 4TX FREE entry — RSVP required

Our students are stepping up to share what they've been working on, and our MRP mentors will be taking to the stage to showcase their own talent too.

We're also opening the stage to local artists who would like to get involved. Come down, discover independent talent and celebrate the creativity, confidence and hard work behind the music.

Want to perform? Email your music and social links to musicrehabpr@gmail.com.



RSVP for the showcase

More room to grow

We’re continuing to build our team and partnerships, and we look forward to working with more people and organisations who share our belief in giving creatives the tools, confidence and support to move forward.

If you work with young people, support independent talent or would like to explore a collaboration, we’d love to hear from you. Thank you to our students, mentors, families and supporters for being part of what we’re building.

“It’s not just about making music. It’s about backing yourself, learning your business and knowing your creativity has somewhere to go.”

— Rena Reiki, Founder

Build the artist.
Build the business.
Own the career.

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